



EPA EPIDEMIOLOGY AND SOCIAL PSYCHIATRY SECTION REPORT 2025

SECTION COMMITTEE MEMBERS:

Chairperson: Prof. Martin PREISIG
Co-chairperson: Prof. Arnstein MYKLETUN
Secretary: Dr. Caroline VANDELEUR

LIST OF SECTION MEMBERS:

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Mohammad ABU-SLAH, Amman Qasabah, Jordan
Ayodele ADEBAYO, Preston, United Kingdom
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Herta AGAJ, Lezhe, Albania
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Matthew BROOME, Birmingham, United Kingdom
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Egor CHUMAKOV, Saint-Petersburg, Russian Federation
Ian Colman, n/a, Australia
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Ceylan ERGUL ARSLAN, Istanbul, Türkiye
Muharrem ERGUN, Chalon Sur Saone, France
Solène FRILEUX, Le Chesnay, France
Julie Frokjær
David Goldberg
Tomasz M. GONDEK, Wroclaw, Poland



EUROPEAN PSYCHIATRIC ASSOCIATION



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Heinz HÄFNER, Mannheim, Germany
G. HENSING, n/a, United Kingdom,
Tore HOFSTAD, Oslo, Norway
M. HOTOPI
Sofiya HRECHUKH, Lviv, Ukraine
Melina IORDACHE, Constanta, Romania
Jeyaniroshan JEYAPALAN, Turku, Finland
Sonia Johnson
Marianne KASTRUP, Frederiksberg, Denmark,
Katsching
Wolfram KAWOHL, Oetwil am See, Switzerland
Hala KERBAGE, montpellier, France
Jesper Noergaard KJAER, Aarhus V, Denmark
Markus Kösters
Fabian KRAXNER, Hedingen, Switzerland
Tino LINDNER, Utrecht, Netherlands
Antonella LITTA, Bari
Maria LOPEZ QUIROGA, Genève, Switzerland
Livia Andreea LUPSA, Göteborg, Sweden
Kotchuthressia MATHEW, Manjeri, India
Ceren MERIC OZGUNDUZ, İstanbul, Türkiye
Antonio METASTASIO, London, United Kingdom
Luiza MOURA DE SOUZA AZEVEDO, Miami, United States
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Arnstein MYKLETUN, Oslo, Norway
Alicia NEVRIANA, Stockholm, Sweden
Khutaija NOOR, Saint louis, United States
Raimund OBERNDORFER, Vienna, Austria
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Laura ORSOLINI, Ancona, Italy
Kollarova PATRICIE
Brenda PENNINX, Amersfoort, Netherlands
Thinzar PHYO, Victoria, Australia
Irene PINUCCI, Rome, Italy
Irmak POLAT, İstanbul, Türkiye
Milan POPOVIĆ, Beograd, Serbia
Martin PREISIG, Prilly, Switzerland
Goran RACETOVIĆ, Prijedor, Bosnia and Herzegovina
Uli Reininghaus
Steffi Riedel-Heller
Mirella Ruggeri
Olga RUSAKOVSKAYA, Moscow, Russian Federation
Rosemarie SACCO, Zurrieq, Malta
Virginio SALVI, Crema, Italy
Andriy V. SAMOKHVALOV, Guelph, Canada
Ana Filipa SANTOS MARTINS, SÃO PEDRO DO SUL, Portugal
Talat SARIKAVAK, Kağıthane, Türkiye



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Norman SARTORIUS, Geneva, Switzerland
Vesile Senturk,
Angelo Vincenzo SERIO, Massafra, Italy
Habibullah Aimal SHINWARI, Kabul, Afghanistan
Sumeet SINGH, Pathankot, India
I. SKOOG, n/a, Sweden
Emma Soneson
Emma SONESON, OXFORD, United Kingdom
Jan SPIJKER, Nijmegen, Netherlands
S. STANSFELD, n/a, United Kingdom
Marie-pierre STRIPPOLI, Prilly, Switzerland
Züleyha SUSAM, Düsseldorf, Germany
Cristiana TAPOI, Bucharest, Romania
Agata TODZIA-KORNAŚ, Warszawa, Poland
Tamas TREUER, Budapest, Hungary
Christos TSOPELAS
Caroline VANDELEUR, Prilly, Switzerland
Ramachandra VENKATESHWARA, Plymouth, United Kingdom
Johannes WANCATA, Wien, Austria
Stefan WEINMANN, Lübeck, Germany
Sigfried Weyerer, n/a, Germany
Damla YILDIRIM
Davide ZANI, Chur, Switzerland

LAST SECTION COMMITTEE ELECTIONS HELD:

Date: Sept, 12th, 2024
Venue: Lausanne University, Switzerland

ACTIVITIES OF THE SECTION IN 2025:

Meetings/events

Section coordination meeting

Description:

M. Preisig, A. Mykleton and C. Vandeleur attended the EPA section Coordination meeting in Madrid.

Location: Webex

Start date: 07/04/2025

End date: 07/04/2025

Section coordination meeting



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Description:

Martin Preisig attended an online meeting with Katherine Keyes, the president of the Epidemiology section of the WPA, to coordinate the congresses to be organized in 2026 by the EPA/IFPE/WPA-Epi organizations.

Location: Webex

Start date: 12/12/2025

End date: 12/12/2024

EPA section coordination meeting

Description:

Preparations for the next congress in 2026 are ongoing.

Location: Webex

Start date: 23/01/2025

End date: 23/01/2024

section meeting

Description:

Preparations for the next congress in 2026 are ongoing.

Location: Webex

Start date: 26/03/2025

End date: 26/03/2025

section meeting

Description:

Preparations for the next congress in 2026 are ongoing.

Location: Webex

Start date: 06/06/2025

End date: 06/04/2024



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section meeting

Description:

Preparations for the next congress in 2026 are ongoing.

Location: Webex

Start date: 02/10/2025

End date: 02/10/2025

section meeting

Description:

Meeting with the scientific advisory board members. Preparations for the next congress in 2026 are ongoing.

Location: Webex

Start date: 28/10/2025

End date: 28/10/2025

section meeting

Description:

Meeting with the scientific advisory board members. Preparations for the next congress in 2026 are ongoing.

Location: Webex

Start date: 05/12/2025

End date: 05/12/2025

EPA congress Madrid

Description:

The EPA section took part in the 33rd EPA Congress, Madrid, Spain, April 5-8, 2025.

The section symposium "Access to treatment and psychosocial outcome in young people with mental disorders" was presented. Including speakers from 3 countries, this symposium provided information on cutting-edge epidemiological methods and results of relevant studies in young people. Dr. Robert Stewart focused on the pertinence of the use of digital health records, which have recently become available. The use of these large data resources provides results similar to those of traditional community studies, thereby offering unprecedented opportunities for understanding course and outcome in mental health. Dr. Jennifer Dykxhoorn



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presented data from such primary care electronic health records in England, which support the increasing incidence of common mental disorders in young adults with demographic differences for anxiety and depression as well as growing treatment gaps. Relying on data from a nation-wide Norwegian registry, Dr. Arnstein Mykletun showed that children and adolescents referred to mental health services receive very different treatment according to controversies as to the application of diagnostic thresholds of ADHD. This results in large prognostic variance. Dr. Martin Preisig presented data from a cohort of offspring of treated parents with bipolar and major depressive disorders in Switzerland. This prospective study revealed that the commonly reported lower psychosocial functioning in these offspring is mainly mediated by the frequent emergence of early mood psychopathology in these offspring.

Furthermore, C. Vandeleur presented an e-poster on data from a high-risk study in Lausanne on the topic of "Childhood psychopathology dimensions as predictors of mood disorders among offspring at high risk of mood and substance use disorders".

Location: Madrid

Start date: 05/04/2025

End date: 05/04/2025

FUTURE ACTIVITIES:

Meetings/events

EPA congress Prague

Description:

The EPA section will take part in the 34th EPA Congress, Prague, Czech Republic, March 28-31, 2026. Including speakers from 3 countries, the symposium of the Psychiatric Epidemiology and Social Psychiatry section will present recent data on risk factors for the onset and the course of mental disorders. The first speaker, Dr. Caroline Vandeleur will show how traumatic exposure and parental separation experienced before age 18 predicts the emergence of mood and anxiety disorders in a sample of 461 adolescents from the general population followed-up for over 9 years. Considering the Odegaard's hypothesis suggesting that individuals predisposed to psychosis were more likely to migrate, Ms. Bianca Della Rocca will present the results of her study testing whether migrants with psychotic disorders have lower polygenic risk scores than natives with psychotic disorders, which would rather support the major influence of environmental and social factors in the development of psychosis among migrants. Dr. Martin Preisig will present available risk calculators for the onset of mood disorders in the offspring of parents with bipolar and major depressive disorders, including one study that sampled offspring of parents with the two types of mood disorders. Using longitudinal data from deprived areas of Bogota (Colombia), Lima (Peru), and Buenos Aires (Argentina), Dr. James Kirkbride will show the associations between social capital – the prosocial networks and connections that provide reciprocal support, trust and resources to its members – and recovery from depression and anxiety in 1437 young people over a two-year period.

M. Preisig, J. Kirkbride and C. Vandeleur will attend the EPA section coordination meeting in Prague.



EUROPEAN PSYCHIATRIC ASSOCIATION



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Location: Prague

Start date: 31/03/2026

End date: 31/03/2026

The next congress of the EPA section (the 22nd biennial congress) will take place in Brescia in September 2026.

Description:

The next congress of the EPA section (the 22nd biennial congress) will take place in Brescia in September 2026.

Location: Brescia

Start date: 16/09/2026

End date: 19/09/2026

FUNDING IN 2025

Income: The section has no income

Source(s) of funding:

The section has no funding or plans for funding

Expenditure: No expenditure

Balance: No balance

EPA Treasurer audit: No

Confirmation that income / expenditure is via EPA: No